



GENERAL INFORMATION, KIT REQUIREMENT AND JOINING INSTRUCTIONS

YACHT LOCATION

Location: Berthon Marina, Bath Road, Lymington, SO41 3YL

Berth: Pontoon C42 & C44

Boat Name: Sea Jay IV, Sea Breeze, Sea Lily

Classroom: Anchor House, Bath Rd, Lymington SO41 3YL (Above Fine Food 4 Sail)

Parking: Marina (No Charge)

Contact: Charles Jouning 07764 465 773

ITEMS REQUIRED FOR PRACTICAL SAILING COURSE

- Medication for own use
- Sleeping bag
- Pillow
- Wash bag - Toiletries etc
- Towel
- Change of clothes x 2
- Thick woolly jumpers/fleeces (as many layers as possible)
- Oil skins/Foul weather gear (Provided)
- Life jacket (Provided)
- Suitable footwear for deckwork (sailing boots / trainers)
- Docksidlers or trainers for evening wear
- Gloves specifically for handling ropes (Strongly recommended)
- Silly hat and scarf
- Ear plugs
- Sun cream and sunglasses
- Notebook and 2 HB pencils and sharpener

Visit our [sailing shop](#) for clothing and sailing kit.

There is a ships chandlery on the marina where items can be purchased.

ADDITIONAL COSTS

Food and mooring fees: £10 per student per day

- Covers breakfast, lunch and one evening meal onboard the boat.
- Evening meals taken ashore are paid for individually.

Additional publications: required for the practical course (Approx. £10)

Sea Jay's Solent Sailing School, Anchor House, The Shipyard, Lymington SO41 3YL

Email: cj@seajayssolentsailingschool.co.uk

Tel: 07764 465 773

GENERAL INFORMATION

Typically we have the evening meal ashore in a pub or restaurant (except when night sailing) whatever takes your fancy. Lunch and breakfast are served on board (please advise as to any dietary requirements)

Make sure your kit bag is waterproof and not too big please as space is limited. No wheelie bags.

During the course there will be some night sailing so make sure that you have plenty of warm clothes and a hat in order to retain body warmth.

HOW TO FIND US

BY TRAIN :

There is a direct line to Brockenhurst from London Waterloo or Bournemouth. Take the connecting train to Lymington and alight at Lymington Town station. The marina is about a 10 minute walk from here. Walk straight up Station Road and turn left at the top. Continue until you reach the bottom of the High Street where to your left you will see a cobbled street which you follow to the Quay. Continue straight ahead onto Bath Road where you will find the entrance to the marina. The pontoons are clearly marked.

BY CAR:

On arrival in Lymington from Brockenhurst, follow the signs for Town Centre. You will continue past a series of roundabouts until you reach Gosport Street and the bottom of the High Street, whereupon you bear left onto Captains Row. Follow this road round to the left and then take a sharp right, continue past the Chandlery on the right until you see Berthon Marina on the left. Park where you can.

Don't forget to visit our new [sailing shop](#) for clothing and sailing kit.

Sea Jay's Solent Sailing School, Anchor House, The Shipyard, Lymington SO41 3YL

Email: cj@seajayssolentsailingschool.co.uk Tel: 07764 465 773